

I hope you're happy with the results of your lightening / removal treatment. Please could you take a few moments to leave me a review. Just scan the adjacent QR code with a smartphone to reach my review page on Google My Business.



If you don't have a smart phone, you can leave a review by typing the following address into a web browser: <https://g.page/TaaniaPCA/review?rc>

Note: If you have previously left me a review on Google, you will not be able to leave a second review. Instead, please kindly go to my Facebook Business Page "Taania Wood Micropigmentation" either by scanning the adjacent QR code or typing the following URL into your web browser: <https://www.facebook.com/taaniapca/reviews/>



Thank you so much!

AFTER CARE INSTRUCTIONS FOR Li-Ft® LIGHTENTING / REMOVAL

Please follow this aftercare advice. Proper care following your procedure is necessary to achieve the best results and to minimise any risk of scarring and /or complications. If during the healing process you have any other questions or concerns, please contact me.

You may experience the following for 72 hours:

- 👉 Tenderness, swelling or redness.
NEVER apply ice to the area. Any redness or swelling should subside soon after treatment. If it does not, seek medical advice and advice your specialist.

Immediately Post Procedure:

- 👉 Please avoid covering the treated area. It is very important to allow it to "air dry".
If a dressing is used, please use one that is breathable and remove it as soon as possible.
- 👉 A protective crust / scab will start to form over the treated area. This is the body's way of protecting the area whilst the skin heals and it is very important that the area is kept clean.
- 👉 **With clean hands, clean the area by gently blotting with saline and a clean gauze pad 3 x a day.**
- 👉 Do not rub / scrub the area.
- 👉 Do not soak the area with water. It must be kept as dry as possible at all times.
- 👉 Avoid standing under the shower / running water. If the treated area gets splashed, blot it dry with clean gauze.
- 👉 Avoid any heavy exercise or sweating whilst the area is healing.
- 👉 No saunas, steam or swimming until the scabs have come away completely.
- 👉 NEVER pick or pull at the scabs but instead leave them to exfoliate / come away naturally (usually after 10-14 days).
Picking / scratching increases the risk of infection and scarring.
- 👉 Do not apply any makeup, skincare or sun protection products to the treated area during the healing process.

After Exfoliation (when the crust / scabs have come away completely):

- 👉 Avoid sun exposure for a minimum of 12 weeks and then introduce gradually, protecting the area with a good quality, broad spectrum SPF30 or higher.
- 👉 The area may not be treated again for at least 8 weeks and only when normal skin texture has returned.
- 👉 **During this time, keep the skin well moisturised with the recommended aftercare product, firmly massaging it into the skin 2-3 times per day**
- 👉 DO NOT use any products in the treatment area that contain acids (glycolic, lactic or AHA), or exfoliants.
- 👉 If you have had a treatment on the lips, whilst they are healing it is recommended that you drink through a straw.
Brush your teeth with a natural toothpaste (i.e. one that does not contain bleach/peroxide).

IMPORTANT INFORMATION

- 👉 The treated area may stay pink for several weeks; for some, it can take several months for any skin discolouration to completely heal. This is a normal response to the procedure.